

## **DENS Foodbank – High Needs List for Harvest Thanksgiving (24<sup>th</sup> September)**

### **Food:**

Milk (UHT or powdered)

Fruit juice (1L long life)

Peas/Vegetables (Tinned)

Tomatoes (Tinned/carton)

Cold Meat (Tinned)

Potatoes (Tinned) or Smash

Sponge Puddings

Rice pudding/ Custard

Fruit (Tinned)

Cereal Bars

### **For use within DENS services:**

Shampoo/Conditioner

Hand wash liquid soap/ bar soap

Deodorants

Shaving Foam

Toilet Rolls

Washing up liquid

Washing powder/liquid

Cleaning sprays

Double Duvet (must be new or as good as new)

Carrier bags

**At the moment we have good supplies of Baked Beans, Soup, Tea and Breakfast Cereal.**

**Value brands are perfectly acceptable. We do however request that all items are within their best before date and unopened.**